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OPT Plus Form 4A. Regional Tally and Summary Sheet of Preschoolers with Weight & Height Measurement by Age Group, Sex and Nutritional Status

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
X NORTHERN MINDANAO



Estimated Population of Children 0-59 months old: **564,841**

Total Population of Region: **5,192,278** Source: DOH - EB 2021

REGION: X NORTHERN MINDANAO WFA - Actual # of Children Measured: **486,514**

Year Covered by this OPT Plus: **CY 2023**

OPT Plus Coverage -- WFA: **86.1%**

Prevalence Rate UW & SUW (Last OPT Plus): **2.3%**

Indigenous Preschoolers: All: #### M= #### F= 30295

Indigenous groups (pls indicate, if applicable): **UMAYAMNON, MATIGSALUG, MANOBO, TIGWAHANON, SUBANEN**

Prevalence Rate Underweight & Severe Underweight:

0-59 months: **2.1%**

Age Group (1)	Weight for Age Status																	TOTAL			Total, by age group							
	Normal (N)				Underweight (UW)				Severely Underweight (SUW)				Overweight (OW)				TOTAL			N		UW		SUW		OW		
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No.	Prev (%)	No.	Prev (%)	No.	Prev (%)	No.	Prev (%)	
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	
0-5 months (R1)	20,903		20,211		146		85		66		50		602		602		21,717	20,948	42,665	41,114	96.4	231	0.5	116	0.3	1,204	2.8	
6-11 months (R2)	19,397		18,461		288		205		70		70		134		141		19,889	18,877	38,766	37,858	97.7	493	1.3	140	0.4	275	0.7	
12-23 months (R3)	44,365		42,297		917		704		222		175		224		217		45,728	43,393	89,121	86,662	97.2	1,621	1.8	397	0.4	441	0.5	
24-35 months (R4)	46,122		44,043		1,019		909		208		209		177		142		47,526	45,303	92,829	90,165	97.1	1,928	2.1	417	0.4	319	0.3	
36-47 months (R5)	54,724		51,403		1,012		1,058		182		202		179		126		56,097	52,789	108,886	106,127	97.5	2,070	1.9	384	0.4	305	0.3	
48-59 months (R6)	57,479		54,177		988		942		164		156		218		123		58,849	55,398	114,247	111,656	97.7	1,930	1.7	320	0.3	341	0.3	
Total (R7) 0-23 mos	84,665		80,969		1,351		994		358		295		960		960		87,334	83,218	170,552	165,634		2,345		653		1,920		
Prevalence(%) 0-23 mos	96.9		97.3		1.5		1.2		0.4		0.4		1.1		1.2						97.12		1.37		0.38		1.13	
Total (R9) 0-59 mos	242,990		230,592		4,370		3,903		912		862		1,534		1,351		249,806	236,708	486,514	473,582		8,273		1,774		2,885		
Prevalence(%) 0-59 mos	97.3		97.4		1.7		1.6		0.4		0.4		0.6		0.6						97.34		1.70		0.36		0.59	

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R7) - refers to the sum of preschoolers by nutritional status for children 0-59 months; c) Prevalence (R8 & R10)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 mos.

1/ Refers to previous year prevalence rate of the area

Use **WEIGHT-FOR-LENGTH** or **WEIGHT-FOR-HEIGHT** to correctly determine overweight and obesity

Prepared by: DMO II Arlie Joy O. Damiles
Nutrition Officer III, NNC- Region

Approved: Gladys Mae S. Fernandez
Regional Nutrition Program Coordinator

Date: November 15, 2023

Date: November 15, 2023

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X NORTHERN MINDANAO



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OPT Plus Form 4A. Regional Tally and Summary Sheet of Preschoolers with Weight & Height Measurement by Age Group, Sex and Nutritional Status

Estimated Popn of Children 0-59 months old: 564,841

Total Population of Region: 5,192,278 Source: DOH - EB 2021

REGION: X NORTHERN MINDANAO

L/HFA - Actual # Children Measured: 486,514

Year Covered by this OPT Plus: CY 2023

OPT Plus Coverage -- L/HFA: 86.1%

Prevalence Rate Stunting & Sev. Stunting (Last OPT Plus): 4.9%

Indigenous Preschoolers: All: ##### M= ##### F= 30295

Indigenous groups (pls indicate, if applicable): TALAANDIG, HIGA-ONON, BUKIDNON, Umayamnon, Matigsalug, Manobo, Tigwahanon, Subanen

Prevalence Rate Stunting & Severe Stunting:

0-59 months: 4.2%

Age Group (1)	Length/Height for Age Status																Total, by age group											
	Normal (N)				Stunted /Short (St)				Severely Stunted (SSt)				Tall (T)				TOTAL			N		St		SSt		T		
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No.	Prev (%)	No.	Prev (%)	No.	Prev (%)	No.	Prev (%)	
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	
0-5 months (R1)	19,955		19,239		329		190		115		71		1,318		1,448		21,717	20,948	42,665	39,194	91.9	519	1.2	186	0.4	2,766	6.5	
6-11 months (R2)	18,522		17,596		470		331		146		104		751		846		19,889	18,877	38,766	36,118	93.2	801	2.1	250	0.6	1,597	4.1	
12-23 months (R3)	41,828		40,134		1,809		1,336		601		431		1,490		1,492		45,728	43,393	89,121	81,962	92.0	3,145	3.5	1,032	1.2	2,982	3.3	
24-35 months (R4)	44,230		42,510		2,019		1,631		589		495		687		667		47,525	45,303	92,828	86,740	93.4	3,650	3.9	1,084	1.2	1,354	1.5	
36-47 months (R5)	53,065		49,953		2,238		2,089		509		477		285		270		56,097	52,789	108,886	103,018	94.6	4,327	4.0	986	0.9	555	0.5	
48-59 months (R6)	56,254		53,061		2,045		1,846		412		380		138		112		58,849	55,399	114,248	109,315	95.7	3,891	3.4	792	0.7	250	0.2	
Total (R7) 0-23 mos	80,305		76,969		2,608		1,857		862		606		3,559		3,786		87,334	83,218	170,552	157,274	92.21	4,465	2.62	1,468	0.86	7,345	4.31	
Prevalence(%) 0-23 mos	92.0		92.5		3.0		2.2		1.0		0.7		4.1		4.5													
Total (R9) 0-59 mos	233,854		222,493		8,910		7,423		2,372		1,958		4,669		4,835		249,805	236,709	486,514	456,347	93.80	16,333	3.36	4,330	0.89	9,504	1.95	
Prevalence(%) 0-59 mos	93.6		94.0		3.6		3.1		0.9		0.8		1.9		2.0													

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R7) - refers to the sum of preschoolers by nutritional status for children 0-59 months; c) Prevalence (R8 & R10)- refers to the prevalence rate by sex, by nutritional status for age group 0-59 mos.

1/ Refers to previous year prevalence rate of the area

Prepared by: DMO II Arlie Joy O. Damiles
Nutrition Officer III, NNC- Region

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OPT Plus Form 4A. Regional Tally and Summary Sheet of Preschoolers with Weight & Height Measurement by Age Group, Sex and Nutritional Status

REGION: X NORTHERN MINDANAO

Estimated Population of Children 0-59 months old: **564,841**

WFL/H -- Actual # of Children Measured: **486,514**

OPT Plus Coverage -- WFL/H: **86.1%**

Indigenous Preschoolers: All: #### M= ### F=

Indigenous groups (pls indicate, if applicable): TALAANDIG, FIGA-ONON, BUKIDNON, UMACAMNON, MATIGSALUG, MANOBO, TIGWAHANON, SUBANEN

Total Population of Region: **5,192,278**

Source: DOH - EB 2021

Year Covered by this OPT Plus: **CY 2023**

Prevalence Rate Wasting & Sev. Wasting (Last OPT Plus): **1.2%**

Prevalence Rate Moderate Wasting & Severe Wasting:

0-59 months: **1.0%**

Age Group (1)	Weight for Length/Height Status																TOTAL			Total, by age group																										
	Normal (N)				Mod. Wasted (MW)		Severely Wasted (SW)				Overweight (OW)				Obese (Ob)					N		MW		SW		OW		Ob																		
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		No.		Prev (%)		No.		Prev (%)		No.		Prev (%)															
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)	(30)	(31)	(32)	(33)	(34)													
0-5 months (R1)	20,773		20,216		186		145		151		93		382		302		225		192		21,717		20,948		42,665		40,989		96.1		331		0.8		244		0.6		684		1.6		417		1.0	
6-11 months (R2)	19,430		18,473		176		136		65		68		151		141		67		59		19,889		18,877		38,766		37,903		97.8		312		0.8		133		0.3		292		0.8		126		0.3	
12-23 months (R3)	44,586		42,457		497		369		179		134		330		311		136		122		45,728		43,393		89,121		87,043		97.7		866		1.0		313		0.4		641		0.7		258		0.3	
24-35 months (R4)	46,539		44,426		408		373		134		103		271		260		173		141		47,525		45,303		92,828		90,965		98.0		781		0.8		237		0.3		531		0.6		314		0.3	
36-47 months (R5)	55,113		51,995		391		316		122		93		275		238		197		147		56,098		52,789		108,887		#####		98.4		707		0.6		215		0.2		513		0.5		344		0.3	
48-59 months (R6)	57,862		54,667		353		280		102		82		328		235		204		134		58,849		55,398		114,247		#####		98.5		633		0.6		184		0.2		563		0.5		338		0.3	
Total (R7) 0-23 mos	84,789		81,146		859		650		395		295		863		754		428		373		87,334		83,218		170,552		#####				1,509				690		1,617				801					
Prevalence(%) 0-23 mos	97.1		97.5		1.0		0.8		0.5		0.4		1.0		0.9		0.5		0.4								97.29				0.88				0.40				0.95				0.47			
Total (R9) 0-59 mos	244,303		232,234		2,011		1,619		753		573		1,737		1,487		1,002		795		#####		#####		486,514		#####				3,630				1,326				3,224				1,797			
Prevalence(%) 0-59 mos	97.8		98.1		0.8		0.7		0.3		0.2		0.7		0.6		0.4		0.3								97.95				0.75				0.27				0.66				0.37			

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R7) - refers to the sum of preschoolers by nutritional status for children 0-59 months; c) Prevalence (R8 & R10) - refers to the prevalence rate by sex, by nutritional status

1/ Refers to previous year prevalence rate of the area, for comparison with current year

Use WEIGHT-FOR-LENGTH for 0-23 months old preschool children and WEIGHT-FOR-HEIGHT for 24-60 months old preschool children.

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

Prepared by: DMO II Arlie Joy O. Damiles
Nutrition Officer III, NNC- Region

Approved: Gladys Mae S. Fernandez
Regional Nutrition Program Coordinator

Date: November 15, 2023

Date: November 15, 2023



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OPT Plus Form 4B. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised March 2021

Total Population: **5,192,278** Source & Yr: DOH - Epid Bureau 2021
Estimated Population 0-59 mos old Children: **564,841** PSGC: **1000000000**
OPT Plus Year: **2023** No. of Indigenous Groups Measured:

Previous CY Regional Prevalence Rates:

Previous CY:

Wt. for Age

L/H for Age

Wt for L/Ht

Current Regional Prevalence Rates: (0-59 mos)

Wt. for Age **2.1%**

L/H for Age **4.2%**

Wt for L/Ht **1.0%**

Province/ Independent City	Total Number of Cities/ Municipalities (If Province)	Number of Cities/Municipalities with OPT Plus Results	Total Number of Barangays	Number of Barangays with OPT Results	Estimated No.of Children 0-59 months old	No. of Children Measured (0- 59 mos)		No. of Indigenous Children Measured (0-59 mos)	
						Weight	Height	Male	Female
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
BUKIDNON	22	22	464	448	177,670	3,710	3,710	71	20,725
CAMIGUIN	5	5	58	58	9,048	0	0	3	524
LANAO DEL NORTE	23	23	519	506	132,324	0	0	8	872
MISAMIS OCCIDENTAL	17	17	483	482	61,840	0	0	51	3,268
MISAMIS ORIENTAL	26	26	502	502	183,959	0	0	9	5,108
TOTAL	93	93	2,026	1,996	564,841	3,710	3,710	142	30,497

Prepared by: DMO II Arlie Joy O. Damiles
Nutrition Officer III, NNC-Region X NORTHERN MINDANAO

Approved: Gladys Mae S. Fernandez
Regional Nutrition Program Coordinator, NNC-Region X NORTHERN MINDANAO

Date: